



# One World... One Breath...

SATURDAY 25TH APRIL

# World Healing Day 2026

## EVENT PROGRAM

12:30pm	CHECK-IN/REGISTRATION	<i>with</i>
1:00pm	<b>OPENING</b> Acknowledgement, Introduction, Intention	Alana Sarah
1:10pm	<b>COMING HOME</b> QiGong	Kirsty Rowe
2:00pm	<b>SACRED WATERS WITHIN</b> Water Offering	Emily Cardell
2:15pm	<i>Break</i>	
2:45pm	<b>RECALIBRATE</b> Energy Healing	Alana Sarah
3:30pm	<b>SACRED SOUND</b> Sound Healing	Sally Bruni
4:15pm	<i>Break</i>	
4:30pm	<b>THE FIVE ELEMENT FORM</b> Yoga	Penny Sinclair
5:15pm	<b>SOULFUL CHANT</b>	Charlotte Fraser
<b>5:50pm</b>	<b>CLOSE</b> Gratitude, Final Words & Close	Alana Sarah

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